

Barnet Draft Health and Wellbeing Strategy 2021-25 Consultation

Consultation Document

29th January 2021 to 12th March 2021



Introduction

The Barnet Joint Health and Wellbeing Strategy sets out our vision for improving the health and wellbeing of the people who live, study and work in Barnet. For the next four years the Health and Wellbeing Board will focus on three Key Areas to drive improvements in health and wellbeing within the borough.

Barnet is a growing, thriving and diverse borough that is generally healthy, but it is not equally healthy in all parts of the borough. This strategy is our vision to make the whole of Barnet the London Borough of Health and details our priorities to make that happen.

The COVID-19 pandemic has had a profound impact on the nation's health, and highlighted key public health issues such as the need for the prevention of long-term conditions and disparities in health. We will be incorporating lessons learnt into this strategy and will be informed by residents how to respond to the long-term impacts of the pandemic.

How to have your say

This consultation is open to everyone who lives, works or studies in Barnet including voluntary/community organisations.

You can give your feedback by completing our online questionnaire at **engage.barnet.gov.uk**

If you require a paper copy of the questionnaire, or another format, please email: **HealthandWellbeingStrategy@barnet.gov.uk** or phone **0208 359 2314**

Your input will be used by the council to shape the final version of the Joint Health and Wellbeing Strategy that will be presented to the Health and Wellbeing Board in April 2021.

The consultation is open from **29th January 2021** to **12th March 2021**

Our vision is to make Barnet the London Borough of Health.

A healthy borough makes healthy people. It is where the environment around us supports and promotes our health and wellbeing. In a healthy borough, everyone has access to a good education and can experience good and secure housing and employment. High quality health and social care is available for anyone when they need it. A healthy borough works well with their communities, reaches out to the most vulnerable and gives everyone opportunities to thrive. With healthier and happier residents, communities are strengthened to support each other, and the local culture and economy flourishes.

Our five guiding principles

1 Making health everyone's business

We will ensure health is everyone's business, not just for agencies primarily concerned with health and wellbeing, but also for those that work to improve wider determinants of health.

2 Collaborative partnership

We will work in collaborative partnership across organisational boundaries and learn from different viewpoints across the whole system. We will focus on the areas where collaborative work makes the most difference and HWBB can add the most value.

3 Evidence-based decisions

We will use a robust evidence base to inform our decisions, ensuring that our investment creates maximum value for money and our resources are distributed equitably.

We are seeking your views on:

- to what extent do you agree or disagree with the guiding principles of the strategy?
- is there anything else you think we should consider for our guiding principles?

We are seeking your views on:

- to what extent do you agree or disagree with our vision for health and wellbeing in Barnet?

4 Considering everyone's needs across the life course

We will consider the needs of all parts of the population in all that we do. This includes children and young people and people with complex needs such as mental health issues, learning disabilities and autism.

5 Co-design approach

We will champion a co-design approach to resolve our challenges, making sure Barnet residents' needs are met and resulting services are practical and sustainable.

Our 3 Key Areas for Improving Health and Wellbeing

We are seeking your views on:

- to what extent do you agree or disagree the Key Areas included in the strategy?
- is there anything else you think we should consider for our Key Areas?

To make Barnet a healthier borough, we identified three Key Areas:

- Creating a healthier place and resilient communities.
- Starting, living and ageing well.
- Ensuring delivery of coordinated, holistic care, when we need it.

Key Area 1:

Creating a healthier place and resilient communities

This Key Area is about our place-based approach and our work on areas such as air quality, community safety, food environments and the built environment. It includes the projects that we should look at to make Barnet a healthier place for all.

Our priorities for Creating a healthier place and resilient communities

Integrate healthier places in all policies

Create a healthier environment

Strengthen community capacity and secure investment to deliver healthier places

Our commitments for creating a healthier place and resilient communities

Integrate healthier places in all policies

We will ensure that all of our policies and strategies across the health system include specific actions on improving health and health equity through creating good housing, employment opportunities, active travel links and other economic and commercial conditions in Barnet

Create a healthier environment

We will create healthier choices locally with a focus on improving access to clean air, water and healthy food



Strengthen community capacity and secure investment to deliver healthier places

We will facilitate networking and capacity building between local communities and promote safety and cohesion while preventing violence and crime. This involves supporting local communities to work together to benefit each other



We are seeking your views on:

- how important the priorities are to you?
- are there any other priorities you think should be considered in this key area?
- do you have any suggestions for projects or interventions that should be done within this key area?

Key Area 2:

Starting, living and ageing well

This Key Area is about supporting people across the whole life course. It includes priorities that enables us to prevent diseases at key stages of life from pre-conception, pregnancy, infancy, childhood, through to adulthood.

Our priorities for Creating a healthier place and resilient communities

Improve children's
life chances

Promote mental health
and wellbeing

Get everyone moving

Support a
healthier workforce

Prevent long
term conditions

Our commitments for starting, living and ageing well

Improve children's life
chances

We will improve children's life chances by supporting their health and wellbeing from a very early age and through to their transition into adulthood



Promote mental health
and wellbeing

We will promote good mental and emotional health across all ages and different communities and work together to prevent severe mental illness and suicide



Get everyone moving

We will improve choices for physical activities locally for all ages and abilities, and ensure residents know how to access it



Support a healthier
workforce

We will invest time and resources to ensure our workforce is supported to be healthy, happy and productive at work



Prevent long term
conditions

We will work with communities to understand what support can be offered to reduce risks of developing long term conditions and recognise early signs and symptoms



We are seeking your views on:

- how important the priorities are to you?
- are there any other priorities you think should be considered in this key area?
- do you have any suggestions for projects or interventions that should be done within this key area?

Key Area 3:

Ensuring delivery of coordinated and holistic care, when we need it

This Key Area is about how we integrate health and social care and support those with complex needs. It sets out our priorities to ensure that those who need it receive excellent care and have a health care system that works for them. This includes the Barnet Integrated Care Partnership, an alliance of Local Authority and NHS organisations that works together to deliver coordinated care.

Our priorities for ensuring delivery of coordinated and holistic care, when we need it

Support digital transformation of services

Enable carers health and wellbeing

Deliver population health integrated care

Our commitments for ensuring delivery of coordinated and holistic care, when we need it

Support digital transformation of services

We will create circumstances where access to digital care can be easy for all who need it



Enable carers health and wellbeing

We will support care staff and informal carers to look after their health and wellbeing



Deliver population health integrated care

We will work together to ensure the Barnet Integrated Care Partnership is centred around resident's need, promotes good physical and mental health and enables seamless access to health and care services across the life course



We are seeking your views on:

- how important the priorities are to you?
- are there any other priorities you think should be considered in this key area?
- do you have any suggestions for projects or interventions that should be done within this key area?
- do you have any other comments on our Draft Joint Health and Wellbeing Strategy?